



Skills Check-Off

Precordial Thump

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Verbalizes indications and contraindications to the procedure	1	
Places patient supine on a hard surface	1	
Identifies landmarks (Mid-sternum between the suprasternal notch and ziphoid process)	1	
Positions fleshy portion of fist over land marks with arm bent at a 90 degree angle	1	
Holds fist 10-12 inches above sternum	1	
Delivers one sharp thump to the chest	1	
Monitors for pulse and EKG for rhythm change	1	
Verbalizes the need to start CPR and begin ACLS interventions if the precordial thump fails	1	
Time End: _____	Total	9

CRITICAL CRITERIA

- _____ Does not immediately don or verbalize BSI
- _____ Delivers more than one thump
- _____ Performs the procedure in a dangerous manner