

Skills Check-Off

Hand Washing

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Turns on water to a warm, but tolerable temperature	1	
Tears paper towels to dry hands	1	
Places hands under the running water, angled downward to get hands wet	1	
Obtains anti-bacterial soap	1	
Rubs hands vigorously to form a good lather	1	
Washes above wrist, and pays special attention to knuckles, along sides of the fingers, and under the nails	1	
Washes hands for 20-30 seconds	1	
Rinses hands thoroughly	1	
Dries hands with paper towels already torn	1	
Uses paper towels to turn off the running water	1	
Disposes of the towels	1	
Time End: _____	Total	11

CRITICAL CRITERIA

- _____ Does not wash hands for 20-30 seconds
- _____ Tears paper towels after washing hands
- _____ Does not use paper towels to turn off water faucet