

Skills Check-Off Physical Exam (Focused Abdomen)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precaution	1	
Respectfully introduces her/himself	1	
Properly identifies correct patient	1	
Obtains verbal/implied consent	1	
Explains exam to patient	1	
<i>Anterior Abdomen</i>		
Inspection		
Shape (1)	3	
Rigidity (1)		
Scars (1)		
Auscultation		
Bowel sounds in all four quadrants (1)	2	
Major vessels in abdomen (Descending aorta Left lateral of midline (1)		
Percussion (In all four quadrants)		
Identifies Liver (1)	2	
Identifies Spleen (1)		
Palpation (In all four quadrants)		
Light (1)	6	
Deep (1)		
Rebound tenderness (1)		
Bilateral femoral arteries (1)		
Unilateral comparing femoral to carotid (1)		
Pelvic stability (1)		
<i>Posterior Abdomen</i>		
Inspection		
Shape (1)	4	
Rigidity (1)		
Scars (1)		
Palpates Kidneys on both sides (1)		
<i>Genitalia</i>		
Asks patient about bleeding with urination (1)	3	
Asks patient about pain with urination (1)		
Discharge (Penis or Vagina) (1)		
Inspection		
Hair (1)	4	
Lesions (1)		
Scars (1)		
Candidate verbalizes appropriate times to perform an inspection of the genitalia (1)		
<i>Rectum</i>		
Asks patient about bleeding (1)	3	
Asks patient about bowel movements		
Frequency (1)		
Consistency (1)		
Inspection		
Evidence of hemorrhoids (1)	2	
Evidence of active bleeding (1)		
Time End: _____	Total	34

CRITICAL CRITERIA

_____ Did not immediately don or verbalize BSI