

Skills Check-Off Physical Exam (Focused Lower Extremities)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precaution	1	
Respectfully introduces her/himself	1	
Properly identifies correct patient	1	
Obtains verbal/implied consent	1	
Explains exam to patient	1	
<i>Lower extremities</i> Inspection Skin (1) Hair (1) Nails (1) Muscle mass bilaterally (1)	4	
Assess coordination (Wiggle toes)	1	
Assess sensory (Sharp/Blunt)	1	
Assess pulses bilaterally Popliteal (1) Posterior Tibialis (1) Doraslis (1)	3	
Palpates for equal bilateral temperature	1	
ROM (Left and Right) Hip (1) Knee (1) Ankle (1)	3	
Muscular Resistance (Left and Right) Hip (1) Knee (1) Ankle (1)	3	
Palpates joints Hip (1) Knee (1) Ankle (1)	3	
Total	24	

Time End: _____

CRITICAL CRITERIA

_____ Did not immediately don or verbalize BSI