

Skills Check-Off

Helmet Removal

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation	1	
Candidate takes immobilization of helmet at the head	1	
Directs assistant to take immobilization of c-spine from the front	1	
Candidate cuts chin strap (Can be simulated)	1	
Spreads the helmet laterally to clear the ears	1	
Removes the face guard if present	1	
Rotates the helmet under the posterior of the head	1	
Candidate takes over c-spine	1	
Candidate directs assistant to pad the void under the head to prevent head drop	1	
Candidate verbalizes placing an appropriately sized cervical collar on the patient	1	
Time End: _____	Total	10

CRITICAL CRITERIA

- _____ Does not immediately don or verbalize BSI
- _____ Does not immediately direct or take manual immobilization of the head
- _____ Manipulated or moved C-spine causing potential compromise
- _____ Candidate did not direct assistant to pad under the head