

Skills Check-Off

MAST

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

| | Points Possible | Points Awarded |
|--|-----------------|----------------|
| Takes, or verbalizes, body substance isolation precaution | 1 | |
| Verbalizes need to maintain C-spine control if the patient is a trauma | 1 | |
| Prepares equipment (Hooks up foot pump, turns sectional valves to closed position) | 1 | |
| Rolls patient to one side | 1 | |
| Places trousers under the patient, insuring the abdominal section of the trousers is below the floating ribs | 1 | |
| Returns patient to supine position | 1 | |
| Secures all velcro straps | 1 | |
| Selects the appropriate reason for applying mast, and performs the appropriate procedure below: Unstable Pelvis Fracture Opens valve on both leg sections and abdominal section, inflates to 30 mmHg Bilateral Femur Fracture Opens valve on both leg sections, inflates to 30 mmHg Hypovolemia Opens valve on first leg section, inflates to 100 mmHg, and turns valve to closed position Opens valve on second leg section, inflates to 100 mmHg, and turns valve to closed position Opens valve on abdominal section, inflates to 100 mmHg, and returns valve to closed position | 1 | |
| Verbalizes the need to continue vital sign monitoring, and manage the associated pain | 1 | |
| Time End: _____ | Total | 11 |

CRITICAL CRITERIA

- _____ Did not immediately don or verbalize BSI
- _____ Inflates the trousers to a unsafe level
- _____ Releases the pressure on the trousers abruptly