

Skills Check-Off

In/Out Catheter (Male Patient)

Candidate: _____ Examiner: _____

Date: _____ Signature: _____

Time Started: _____

	Points Possible	Points Awarded
Takes, or verbalizes, body substance isolation precautions	1	
Explains the procedure to the patient	1	
Places the patient in a semi-recumbent position with legs flat on the bed, and spreads apart	1	
Opens In/Out catheter kit on bedside table	1	
Dons sterile gloves	1	
Tears open iodine packet and pours over the cotton balls	1	
Applies water-soluble lubricant to catheter tip	1	
Lays sterile sheet (without hole cut out) between the patients legs	1	
Lays sterile sheet (with hole cut out) over the perineum the penis	1	
Places sterile specimen cup between patient's legs	1	
With non-dominant hand, gently grasp the penis and elevate to a 60 to 90 degree angle, hold the penis in this manner throughout the procedure	1	
If patient is uncircumcised, retract the foreskin	1	
With dominant hand, cleanses the glans portion of the penis in a circular, dispose of cotton ball	1	
With dominant hand, once again cleanses the glans portion of penis in a circular motion with a sterile cotton ball, dispose of cotton ball	1	
With dominant hand, once again cleanses the glans portion of penis in a circular motion with a sterile cotton ball, dispose of cotton ball	1	
With dominant hand, picks up the catheter and prepare to insert	1	
Inserts the catheter and advances 6-8 inches	1	
When urine is returned, advance approximately 1-2 inch farther	1	
Collects urine sample in sterile container	1	
Removes catheter	1	
Cleanses lubricating jelly and iodine off of patient's genitals	1	
Time End: _____	Total	21

CRITICAL CRITERIA

- _____ Does not immediately don or verbalize BSI
- _____ Contaminates the sterile field at any point, and does not restart the procedure
- _____ Inserts the catheter in a dangerous manner